

WEEK 3	A.M. Snack	Lunch	P.M. Snack
Monday	String Cheese Fruit	Turkey and Cheese wrap Veggie Sticks Fruit 2% Milk	Fruit Smoothie Graham Crackers
Tuesday	Veggie Straws Apple Juice	Teriyaki Chicken Rice Green Beans Fruit 2% Milk	Sliced cheese crackers
Wednesday	Gogurt Fruit	Beef and Black Bean Soft Tacos corn Fruit 2% Milk	Nutri Grain Bars 2% Milk
Thursday	Vanilla wafers 2% Milk	Chili (cheese) Crackers Veggie sticks Fruit 2% Milk	Cottage cheese Fruit
Friday	Trail Mix Juice	Stuffed Pasta shells Green salad Fruit 2% Milk	Blueberry Muffins 2% Milk